



I, [REDACTED]
agree to undergo treatment for substance abuse disorder under the care of
Dr. [REDACTED] and to adhere strictly to the following
undertaking without any deviation unless authorized in advance by Dr. Hammer:

1. To abstain from all mood-altering substances of potential abuse including alcohol for the duration of this contract unless authorized by Dr. [REDACTED] or in an emergency.
2. To undergo witnessed urine drug and/or alcohol screening as follows:
 - Four time a month for 1 year plus one random sample per month,
 - 3 times a month for the second year,
 - 2 times a month for the third and subsequent years (random).
 - As otherwise directed by Dr. [REDACTED].
3. To attend Dr. [REDACTED]'s office monthly for a progress assessment for the duration of this contract.
4. To attend Caduceus meetings punctually and regularly.
5. To attend group counseling meetings (such as AA) at least weekly.
6. Not to return to work without Dr. [REDACTED]'s permission and approval of the workplace. Conditions will also include that the employer and a workplace monitor be aware of the contents of this contract and that there be no exposure to or handling of narcotics or mood-altering drugs for at least six months.

I also understand that in the event that I breach any of the above conditions
Dr. [REDACTED] may inform the Ontario College of Nurses.

Signed: [REDACTED]

Dated: [REDACTED]

Witnessed: [REDACTED]

Copies to File: ☐